



ILSA-Basic™ (soon to be released)

The Integrated Longitudinal Strength-Based Assessment-Basic™ (ILSA-Basic™) is a unique documentation format that organizes the core process of welcoming, hopeful, integrated, recovery-oriented assessment for adults or older adolescents. It is not a typical “assessment tool” that simply asks a list of questions. Rather, it is designed in content and visual layout to be a format that organizes *a process of assessment* that is designed to understand the hopeful goals and life story of a person with complex needs.

ILSA-Basic™ can be used with adults and adolescents who have any combination of mental health, trauma, substance use, and/or cognitive issues, needs, or disabilities, and other health and social needs.

ILSA-Basic™ is a part of the CCISC implementation toolkit, in which companion tools address system development, program complexity (co-occurring) capability, and clinician competency. ILSA-Basic™ can be used independently as well as within the context of program-level CCISC implementation.

ILSA-Basic™ incorporates CCISC principles into the assessment process and documentation. Extensive experience in system-wide implementation of integrated services for individuals with complex (co-occurring) conditions has demonstrated that a hopeful, person-centered integrated assessment is a critical foundation for effective care.

ILSA-Basic™ incorporates the following “best practice principles” into the assessment documentation:

- Welcoming and engagement
- Identification of person-centered requests and hopeful (recovery-oriented) goals
- Opportunity for the client to tell his or her story
- ZIP-Screen™ to quickly identify multiple issues, including trauma, and level of risk for each
- Identification of periods of relative success, and the strengths used to make progress
- *Integrated* longitudinal history that includes attention to multiple issues (MH, SA, DD, health, legal, etc.)
- Identification of stages of change for each issue
- Identification of skills and supports for each issue
- Framework for eligibility and level of care determination for multiple issues
- Format to develop an initial integrated person-centered service/recovery plan

ILSA-Basic™ documentation format has the following unique features:

- ILSA-Basic™ supports the development of an empathic hopeful working partnership between the person and the care provider.
- ILSA-Basic™ begins with “welcoming” and provides a structure for emphasizing person-centered engagement as a priority over simply collecting data.
- ILSA-Basic™ provides a process for gathering information *in the context of the flow of the interview* that will support completion of various screening and other information gathering tools that might be required in the program.
- ILSA-Basic™ is strength-based, longitudinal, and integrated in that it encourages the detailed description of periods where the person did *well*, and discussion of *all* elements of functioning, as well as health, mental health, substance abuse, and cognitive interventions during those periods.
- ILSA-Basic™ incorporates a multi-dimensional assessment framework consistent with multi-dimensional protocols that assist with placement and level of care determination, such as ASAM PPC- 2R and LOCUS.